The Calvin Core

Foundations, Competencies, and Skills
Develop core competencies and skills. These courses are typically taken in your first two years at Calvin.

- ☐ <u>Community and Commitments</u> (2 cr): CORE 100 or HNRS 100
- ☐ <u>Foundations of Christianity 1</u> (4 cr) REL 121 or 131
- ☐ <u>Foundations of Christianity 2</u> (2 or 4 cr)
- ☐ <u>Foundational Writing</u> (4 cr): ENGL 101 or ENGL 100 + 102
- ☐ <u>Health and Movement: Fitness & Wellness</u> (1 cr) PER 101-112
- ☐ <u>Health and Movement: Recreation, Sport, and Skill</u> (1 cr) PER 130+
- ☐ <u>World Languages 1</u> (8 cr): Two introductory courses in a non-English language (101 + 102); non-English native speakers & those who have completed 3 years of language in HS with a B or better are exempt.

Knowledge and Understanding (K&U)
Complete at least 26 credits across at least 5 of the 6 categories below.
Please note there are minimum and maximum credit allowances in parentheses in each category:

- ☐ <u>Arts, Oral Rhetoric, and Visual Rhetoric</u> (2-6 cr): Up to 4 cr in any one discipline
- ☐ <u>Humanities</u> (2-6 cr): Up to 4 cr in any one discipline
- ☐ <u>Mathematical Sciences</u> (0-4 cr)
- ☐ <u>Natural Sciences</u> (0-6 cr): Up to 4 cr in any one discipline; must contain at least one lab
- ☐ <u>Social and Behavioral Sciences</u> (2-6 cr): Up to 4 cr in any one discipline
- ☐ <u>World Languages 2</u> (0-4 cr): At least 4 cr in an intermediate or advanced course (201 or 301) in your World Languages 1 language or 8 cr at an introductory level (101+102) in a new language

Details: catalog.calvin.edu > Core Program. Disciplines are broader than departments & may include courses from multiple areas, i.e. the Visual Arts discipline includes courses offered by both the Art and Communication departments.

Confused about how far you are in K&U? As a supplement to Workday, track your K&U progress in more detail! On our website homepage (calvin.edu/registrars-office), under Top Resources, utilize the **K&U Core Calculator**.

Core Tags – tags must be satisfied with courses at Calvin University, not transfer or AP
Complete tagged coursework of any credit amount in each of the following categories.
These courses sometimes have the capability to satisfy a *K&U requirement & tag requirement* or a *major requirement & tag requirement* simultaneously, but ability to "double dip" is not guaranteed.

- ☐ <u>Global Regions and Cultures</u>
- ☐ <u>Diversity and Difference</u>
- ☐ <u>Environmental Sustainability</u>
- ☐ <u>Contemporary Challenges and Enduring Questions</u> Typically taken in your last year at Calvin & connected to major program requirements (capstone)

For more info on these requirements and qualifying courses, visit catalog.calvin.edu and click "Core Program."