

About Plaster Creek Stewards

Plaster Creek Stewards is an initiative of Calvin College faculty, staff and students in cooperation with community partners working to restore health and beauty to the Plaster Creek watershed. PCS utilizes research, education and hands-on restoration projects to engage the local community.







Plaster Creek, the most polluted creek in West Michigan, is heavily impacted by pollutant-laden storm water that also brings heat and excess energy in its flashy flows to the creek. The runoff degrades Plaster Creek's ecosystem and its downstream communities by introducing toxins and harmful bacteria like *E. coli*, eroding stream banks and causing conditions that put stress on animals living in or near the creek. Plaster Creek Stewards' projects help to slow and divert storm water runoff into areas where it can be absorbed by plants or soak into the ground instead of rushing into the creek and causing damage.

Getting to Know Your Rain Garden

Your new curb-cut rain garden is a great example of diverting and cleaning up storm water runoff. The storm water from your street carries pollutants, heat (seasonally) and energy, when it's moving quickly. The curb-cut creates a channel that directs runoff into your garden, rather than down a storm drain and directly into Plaster Creek.



Once in your garden, the water gives off its excess energy to rocks in the channel, and filters down through the sandy soil. Native plants and the soil below filter out pollutants before the water enters creek and rivers, or is stored as groundwater. Rain gardens have beauty with a purpose!

Native Plants

Most, or all, of your rain garden's plants are native to western Michigan (existed here before European settlements), and have been chosen to match the conditions in your garden. Since the soil in Alger Heights is sandy and drains quickly, the plants in the rain garden's **basin** thrive in wet soils and can tolerate extreme fluctuations in soil moisture and oxygen level. Their extensive root systems also hold soils in place and prevent erosion. Plants along the edge of the garden or near trees might prefer drier conditions, sun, shade, or a combination of these. And because these plants are adapted to the western Michigan region, they require less watering, pesticides and other maintenance than non-native plants. They do need some care to be successful, since your rain garden was landscaped for a specific purpose. The following pages outline a suggested maintenance schedule for your growing garden.



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Maintenance Schedule

Year 1: Summer of Installation

Homeowner Responsibilities

Weeding

Weedy grasses and sedges like Foxtail grass, barnyard grass, and nutsedge show up fairly quickly. In fact, they're weeds that come in with the mulch! Dandelions will pop up too; study the planting, your map and the weeds guide at the back of



this booklet to learn what was planted and what needs to go! Make sure to remove the weed's entire root, or the plant will likely grow back and be harder to remove. Use a trowel for larger plants, and weed when the soil is damp (in the morning, after watering, or after it rains) for easiest removal.

Watering

Like any young plants, the ones in your rain garden need extra care when they're first getting started. While the plants are young (first two years), water them thoroughly about once a week to encourage growth and establishment. Plants can be watered less if there's been a decent rain. The small plugs we use will look a little underwhelming at first, but they are perennials that will grow and mature!

Litter Removal

Trash and leaves may build up in the rocked channel, especially after a storm. Periodically clean your rain garden of any trash, fallen leaves and sediment buildup to ensure that water can properly flow and drain into the ground.

Year 2: Summer After Installation

Homeowner Responsibilities

Weeding and Watering

Initial weeding in spring and early summer is important in setting the stage for the rest of the year. As plants mature, they will leave less sunlight and root space for weeds. The need to weed will taper off and become necessary only as sporadic weeds pop up between mature plants. Watering may still be necessary, on occasion, during longer periods when it's hot and dry. You shouldn't need to water every week, unless your garden was planted late the previous fall.

Additional Mulching and Fertilizing

Mulch shades the soil, reduces evaporation, buffers soil temperature and suppresses weed germination and growth; these are all things that reduce stress on your native plants. As your plants grow and fill in the open spaces, it will not become necessary to re-mulch, though some prefer the appearance of fresh mulch. If additional applications of mulch are desired, they will be the responsibility of the homeowner. Because the plants are native to Michigan and the soil contains the necessary nutrients from compost, fertilizer is not necessary.

Pruning

If certain plants look overgrown or weedy, feel free to thin or prune them back! By late summer or fall, dead plant material can make a garden look messy. Cut back dead stalks with clippers or pruning shears (seedheads can be saved for future planting), or wait until new plant growth has appeared in the spring. Dry stems and seedheads can also be left intact since they provide good cover for wildlife and food for birds.

Clearing Litter and Debris Remove any trash, dead plant material and tree leaves that may build up in the rocked channel after a storm. Focus on debris that blocks the inlet to ensure good flow of storm water into curb-cut garden (do this infrequently/ as needed).





Plaster Creek Stewards Involvement

In the second summer, Plaster Creek Stewards will plan on making a visit to each site to perform maintenance and ensure adequate survivorship of plants. Should the need arise, PCS may also work with homeowners to organize a workshop/workday on weeding and maintenance duties.

At the homeowner's request, Plaster Creek Stewards can replant areas where die-off has occurred. PCS can also connect homeowners to volunteer Master Naturalists who can help with weeding and maintenance issues.

Year 3: 1-2 Full Seasons After Installation Homeowner Responsibilities

Homeowners will take over all/most of the maintenance activities including weeding, pruning, seedhead removal after flowering, and clearing litter from the inlet and rocked channel.

Clearing Sediment

Over time, sediment may build up in the rocked channel near the curb-cut. It may be necessary to remove some of the rocks in order to clear out sediment, if the sediment is impeding the flow of storm water through/into the garden. Please contact Plaster Creek Stewards if you'd like assistance with this.

Plaster Creek Stewards Involvement

At the homeowner's request, Plaster Creek Stewards' Green Team is available for maintenance activities at a cost of \$50/hr. (for whole crew) plus materials costs, if mulch or other materials are desired. If time permits, PCS may make early summer visits to conduct some light weeding and maintenance activities, free of charge—we want these to be successful! Plaster Creek Stewards can also help coordinate volunteers through the Master Naturalist volunteer program.



Frequently Asked Questions

Q: It's later in the season-- my plants have finished flowering and are turning brown. Can I do anything to make my garden more attractive until next year?

A: Yes! Your plants will come back next year, so feel free to cut back any dead stalks to tidy up your garden. Pruning will also encourage your plants to be bushier, and spread outwards instead of up. Plants that spread outwards will cover more ground and crowd out weeds.



Q: Weeds...I like the native plants, but some of them are getting 'weedy' and spreading too much. How can I keep them in check?

A: First, are the 'weedy' plants multiplying through rhizomes (roots that spread laterally underground from the original plant and form new shoots aboveground) or through seed dispersal? If the plants are spreading through rhizomes, pull or dig up the new unwanted plants and discard properly. If the plants are reproducing through seed dispersal, cut and discard seedheads before the seeds are released.

Q: What should I do with leaves in the fall?

A: Use a rake or blower to remove leaves. The rock channel should be kept clear so that water can flow and percolate properly. The mulched areas should be kept clear enough so that plants are not being smothered under layers of wet, heavy leaves in winter and spring. Young plants need space and light to grow, and the leaves probably won't decay much over the winter months. In the end, remove enough leaves to protect young plants and maintain the functionality of your rain garden, but do not feel that it is necessary to remove every leaf—unless that's the aesthetic you enjoy!

Weeds You're Likely to Encounter in Your Garden

Michigan/ Great Lakes

Woody Plants

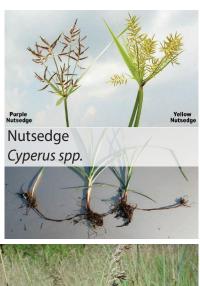


Rhamnus cathartica



Eleagnus umbellata

Grasses/Sedges





Kentucky bluegrass Poa pratensis



Dactylis glomerata



Crabgrass Digitaria sp.

Herbaceous Plants



Garlic mustard

Alliaria petiolata



Mullein/ Lamb's ear Verbascum sp.



Broadleaf plantain Plantago major



Poison ivy Toxicodendron radicans



Dodder Cuscuta sp.



Japanese knotweed Fallopia japonica



Hoary alyssum
Berteroa incana



Wild carrot

Daucus carota



Field bindweed
Convolvulus arvensis



Daisy fleabane Erigeron strigosis



Trifolium repens



Evening primrose Oenothera biennis



Canada goldenrod Solidago canadensis



Purple loosestrife Lythrum salicaria



Hawkweed *Hieracuim sp.*



Canada thistle
Cirsium arvense



Spotted knapweed Centaurea maculosa



Bull thistle Cirsium vulgare



Ragweed Ambrosia artemisiifolia



Curly dock Rumex crispus



Stinging nettle *Urtica dioica*



Knotweed
Persicaria aviculare



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