CALVIN COLLEGE ~~
EMPLOYEE ASSISTANCE PROGRAM

Life can be challenging. But with help, it does not need to become overwhelming. With the support, understanding, and guidance of our professional EAP staff, you can sort out options, build awareness, gain insight into difficulties, develop new choices and answers to problems. Employee Assistance Program (EAP) services are available to all employees. These services also include members of the employee’s households.

Hotline Service
- 24-hour, 7 day access to a Pine Rest counselor within one hour of initial contact
- 455-6210 OR 1-800-442-0809

Face-to-Face Consultation
- Face-to-face professional consultation provided within 48 hours of initial contact
- Assessment and, if indicated, referral to appropriate treatment provider
- Substance Abuse assessment / referral / consultation
- Consultations available at any of more than 20 Michigan locations
- Counselors are Pine Rest staff of Psychologists or Clinical Social Workers

Concerns addressed:
- Relationship Issues
- Depression
- Grief and Loss
- Sexual Addiction
- Geriatric/Caregiver Issues
- ADHD
- Substance Abuse
- Divorce Adjustment
- Anxiety
- Eating Disorders
- Parent-Child Conflict
- Stress

Services Offered:
- Counseling for children, adolescents, adults, couples and families
- Substance abuse evaluations and treatment
- Intensive outpatient groups for substance abuse

Pine Rest Christian Mental Health Services is called to express the healing ministry of Jesus Christ by providing behavioral health services with professional excellence, Christian integrity, and compassion.