Sleeping Bear Dunes
Camping Trip

Sleep Bear Dunes
Good Morning America nominated it as "Most Beautiful Place in America" in 2011

Camping
D.H Campground: rustic campground on Lake Michigan with no electricity and pit toilets

Itinerary

• Arrive Friday night at D.H Day campground
• Saturday morning do the dune climb
• Saturday afternoon go to Glen Arbor
• Saturday end with Scenic drive
• Sunday hike Alligator Hill trail (#10) 4.6 miles
• Leave Sunday afternoon

LNT (Leave No Trace)

• Make sure fire is out in fire ring
• Only use sticks from the ground to burn
• Firewood must be purchased from approved vendors to prevent the spread of diseases
• Respect other campers with noise level
• Leave what you find
• Pack out all trash

www.wikepedia.com
Directions and Time
3 hours from Grand Rapids
**Dune climb**: 6748 Dune Hwy (M-109), Glen Arbor, MI 49636
**Scenic Drive**: 8500 Stocking Drive, Empire, MI 49630
**D.H campground**: 8010 West Harbor Hwy. (M-109), Glen Arbor, MI 49636


**When to go?**

<table>
<thead>
<tr>
<th></th>
<th>Reasons To go</th>
<th>Temperatures (avg in F)</th>
<th>Rain fall in Inches</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer</td>
<td>Swimming</td>
<td>70s</td>
<td>3.4</td>
</tr>
<tr>
<td>Fall</td>
<td>Fall colors</td>
<td>60s</td>
<td>3.5</td>
</tr>
<tr>
<td>Spring</td>
<td>New blossoms</td>
<td>50s</td>
<td>3.0</td>
</tr>
<tr>
<td>Winter</td>
<td>Solitude</td>
<td>30s</td>
<td>1.6</td>
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</tbody>
</table>

**Group Equipment**
- Map/compass
- First aid
- Matches/lighter
- Extra food and water
- Tarp
- Fuel
- Stove
- Water purification
- Pots
- Tent
- Stakes
- Utensils
- Toilet paper
- Mini shovel
- Zip lock bags
- Trash bags
- Duct tape

http://www.moronacity.com
Minimum personal equipment List
20 degree sleeping bag
Sleeping pad
Synthetic layers (limit cotton)
Swimsuit
Rain coat
Long underwear
2 pairs of wool socks
Extra clothes in dry bag
Hat and gloves
Sandals or tennis shoes
Insulated mug
Bowl and spoon
Hydration system (at least 2 liters) (ex. 2 Nalgene bottles)
Sunscreen
Glasses/ extra contacts
Headlamp/ flashlight
Toiletries
Journal and Bible
Hand sanitizer
Knife or multi-tool
Cash

Costs
Food for 1 person = $2.50 X 6 meals = $15
Gear rental= $5 tent + $1 sleeping pad+ $5 sleeping bag= $11 a person
Gasoline $54 for 1 car
Rustic Camping = $12 night
Park pass= $10
Free pass on April 21 - 29 (National Park Week)
September 29 (National Public Lands Day)
November 10 - 12 (Veterans Day)
Sample Meal
Breakfast: granola and powdered milk
Lunch: PBJ/ Nutella and Tortilla
Dinner: Trail Pizza

To get food from the dining hall just go to the link below and order a week in advance! http://www.calvin.edu/admin/food/retreat.html

Food Protection

• Store all food, drinks, trash, and scented items in animal-proof food storage boxes or your vehicle trunk, with vehicle doors closed at all times.
• Never store food, drinks, trash, or scented items in your tent
• Do not dispose of food or trash in fire rings.
• Do not leave food unattended, even for a few minutes.

Highlights
Dune Climb- 110 foot dune climb
Beautiful historic town of Glen Arbor
Pierce Stocking Scenic Drive= 7.5 miles of scenic views
Sleeping Bear Point Trail- 3 miles with views of Lake Michigan and dunes

Emergency Contact numbers
Hospital: Paul Oliver Memorial Hospital in Frankfort (231) 352-2200
National lakeshore: 231-326-5134